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**Dermaplaning Aftercare**

1. **Use a gentle cleanser and apply moisturiser with a SPF 50 at least twice daily for a minimum of 7 days post treatment.**
2. **Avoid sun exposure as much as possible for a minimum of 3 days post treatment. If you must be in the sun, apply SPF 50, reapply often, wear a wide brimmed hat, and seek shade when possible. Be careful of sun exposure and wear sunscreen daily.**
3. **Avoid excessive heat 3 days post treatment, i.e. heavy workouts, steam rooms or saunas, etc.**
4. **Avoid chlorine for 24 hours.**
5. **Avoid facial waxing for 7 days.**
6. **Avoid Dermal Fillers or Botox for 2 to 4 weeks based on area.**
7. **Do not pick, scratch, or aggressively rub the treated area.**
8. **No scrubs, polishers, or aggressive brushes should be used for 7 to 14 days.**
9. **Do apply serums as absorption levels will be elevated**
10. **You may experience slight peeling for the first few days. Slight windburn sensation and/or blotchiness are normal for the first few days.**
11. **Skin care products may tingle or slightly burn for the first 2 days.**

**RECOMMENDATIONS  
  
Eve Taylor Daily Defence moisturiser SPF 50   
Eve Taylor ultra-soothing cleanser.  
  
For best results, Dermaplaning treatments are recommended every 3‐5 weeks.**